

Research findings

Country code	Year	Reference details title	Reference details URL	Main thematic focus	Institution	Key findings - Short summary	Methodology (Qualitative/Quantitative and exact type used, questionnaires etc)	Sample details and representativeness	Area/location of interest - NUTS3 level
Denmark	2023	Denmark, Equal Access (2023), Ethnic minority stress in the workplace	https://www.ligeadgang.dk/analyser-og-evaluering/	Discrimination	Denmark, The Organization Equal Access (Foreningen Lige Adgang)	This report looks into discrimination in the workplace and the minority stress people belonging to ethnic minorities may feel as a consequence. Around 2 out of 3 (68.2%) of survey participants experience discrimination in their workplace in the form of comments and jokes about their ethnicity, skin colour, language, or religion. More than half (59.2%) of survey participants feel that they have to go the extra mile in relation to their colleagues at their workplace, with 90.6% saying they believe this is due to their ethnic or religious background. The extra effort includes never being late and completing tasks faster and more efficiently.	The report uses a mixed-methods approach to shed light on the experience of ethnic minority stress in the workplace. First, a focus group interview was conducted with 5 people, which also served as a pilot interview for the rest of the interviews in the study. After that, 28 individual interviews were conducted. The quantitative data collection consists of a questionnaire survey aimed at people who identify themselves as belonging to (a) ethnic minority group(s). The survey is based on the results of the first 10 qualitative interviews.	A total of 296 responses to the questionnaire have been received, of which 126 responses are fully completed, and 170 of the responses are incomplete. All 296 responses are included as results in the analysis to achieve the highest possible volume in the conclusions.	Not applicable - national level

DISCLAIMER The information presented here is collected under contract by the FRA's research network FRANET. The information and views contained do not necessarily reflect the views or the official position of the FRA.

<http://fra.europa.eu/en/databases/anti-muslim-hatred/>

Copyright © 2026 European Union Agency for Fundamental Rights